

COVID Isolation & Quarantine Procedures

NOTE: COVID Procedures are based on guidance from the Centers for Disease Control, Maryland State Department of Education, Office of Child Care, Montgomery County Department of Health and Human Services, Chevy Chase United Methodist Church, and the Advisory Council of CCUMC Preschool. These procedures are subject to change. Changes in procedures will be communicated to families in a written format.

Masking: Optional except within the 10-day window of isolation, quarantine or exposure. Within that 10-day window masking is required while indoors except while eating. Proper masks must be well-fitting. If your child is unable to wear a properly fitting mask during isolation or quarantine, then your child must remain at home.

Symptoms of COVID: fever or chills, cough (either new or different than usual), shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, the new loss of taste or smell, sore throat, congestion, nausea or vomiting, or diarrhea

If your child has symptoms of COVID, then he/she will be excluded from school until he/she has a negative COVID test, either a PCR or antigen test, and is fever free without medication for 24 hours. Notify the preschool office right away if your child is sick for any reason.

Negative test results, including photos of negative antigen tests, should be emailed or texted to Lee (lwalsh@chevychaseumc.org, 239-595-6592) and Lauren (lbailey@chevychaseumc.org, 301-785-3303). It is also good to copy your child's teacher on any email communication.

If your child becomes COVID positive, please notify Lee or Lauren immediately. Your child will need to stay home through **Day 5**. (**Day 1** is considered the first full day after symptoms started in symptomatic persons or the first full day after the person tested positive if asymptomatic.) If, after **Day 5**, your child has no symptoms or if symptoms are improved and he/she has had no fever for at least 24 hours without medication, then he/she may return to school. When your child returns, he/she must wear a well-fitting mask through **Day 10** of the isolation period.

If your child is exposed to someone who is COVID positive, please notify Lee or Lauren as well as your child's teacher. In this case, regardless of vaccination status, your child may return to school IF your child remains asymptomatic. However, your child must mask through **Day 10** of the quarantine period. We also ask that on **Day 5** of the quarantine period that you test your child either with an antigen or PCR test and submit those test results to the preschool office. If, at any time, your child should develop COVID symptoms, then he/she must remain at home and follow guidelines above for students with COVID symptoms.

If your child becomes sick with COVID symptoms while at school, we will ask your child to don a mask and will place him/her in the office until a parent or caregiver can come pick up the child. We ask that you administer an antigen test as soon as possible so that we can notify the remainder of the class in case there is need for them to mask at school the following day. The preschool recommends that if, despite a negative COVID test, your child's condition does not improve or becomes worse, that you seek medical advice from your child's pediatrician before returning to school.

The preschool reports all positive COVID cases to the Montgomery County Department of Health which makes decisions regarding whether class or school closures are warranted.